



Christina Noble Children's Foundation

Vietnam Wish List

Please find below a list of items that are greatly needed by the Christina Noble Children's Foundation in Vietnam. There is a different need for each item, but for every item, a child will be helped and we are deeply thankful for every donation given.

The Foundation has now established over 101 projects in Vietnam alone, supporting thousands of the country's poorest children and their families. Many of these families have ongoing difficulties meeting the daily needs of their children.

We kindly ask that before you make arrangements to transport your donated goods to our projects in Vietnam that you contact the local Foundation representative. This will help to ensure all donations are distributed effectively and that we do not receive excess donations of some popular items. In addition, all visitors to project sites must provide one months notice before they intend to visit.

Please note that although we are very happy to receive donations of any size from the list, we recommend that passengers travelling to Vietnam carry items as luggage where possible. This is due to the complicated and expensive Customs and Duty charged on all incoming items, we are often unable to receive items sent by post/private courier or shipped due to the costs involved. Can we recommend that if postage is the only method possible, that our kind donors transfer a small donation to their local office to cover the costs incurred at this end, or alternatively contact their local office to see if they know of any volunteer or staff member travelling to Vietnam in the future.

Many thanks for your understanding.

COMMUNITY PROJECTS

Family Packs

The Foundation endeavours to provide Family Packs (incorporating Hygiene Products, Clothing, Toys and Gifts) to families and children visiting us and to all those involved in each of our projects in Ho Chi Minh City and throughout the southern provinces in which we work.

Clothing

Every year we distribute large quantities of clothing to children involved in our projects. As our projects are located in southern Vietnam, we have a greater need for lightweight clothing, shoes and sandals. Although we distribute clothing for children between the ages 0-18, **we currently have a greater need for clothing for children (both boys and girls) 5 - 17 years of age.**

- *Please remember Vietnamese children are small in stature so often teenage sizes are big enough for the older teenagers!*

Toys and Gifts

We distribute hundreds of toys and gifts during the year, especially during annual celebrations such as TET (Chinese New Year), which is usually around February, Christmas time as well as many other festivals. Please remember that non-battery operated toys are a more practical option. Please also note that due to government guidelines, we are only able to receive new clothes and toys if items are sent by post. If delivered in person, nearly new are also very welcome. If you are bringing nearly new toys, please ensure they are in good working order. A broken toy can sometimes cause unnecessary disappointment for a child.

Toys and Gifts

- Toys, cars etc
- Construction toys such as building blocks and Lego
- Dolls and teddy bears
- Dress up clothes
- Yo-yo's
- Balls
- Face Paint
- Play dough
- Water play toys

For more examples of toys please refer to page 9

Hygiene Products

- Shampoo
- Head lice shampoo
- Soap
- Shower Gel
- Deodorant (boys & girls)
- Toothpaste
- Toothbrushes (child size 1 – 5 years old)
- Bath towels
- Band-aids

Arts and Craft Supplies

The Sunshine Art and Music Project offers a weekly timetable of classes for children cared for in the foundations Boys' and Girls' Shelters, Sunshine School and Sponsorship Programme as well as children from other local charities. The children enjoy the opportunity to express their creativity and the classes are always extremely popular. Many students have gone on to successfully exhibit and sell their work at auction.



- Foam
- Paper
- T-shirt paints
- Prints/stamps
- Beads, clasps, wire, tools
- Wallpaper paste
- PVA glue
- Plaster of paris
- Play dough
- Child safe scissors
- Paints and brushes
- Card board
- Canvases

Party Supplies

- Wrapping paper
- Cello tape
- Balloons
- Hats
- Face paints
- Selection of small prizes
- Cups and plates
- Napkins
- Cards
- Fancy dress costumes



We have up to fifty children who reside in the Centre full time. Like all children, they all enjoy a party, whatever the reason! We arrange parties throughout the year celebrating local holidays and special events.

EDUCATIONAL PROJECTS

As a direct result of the extreme poverty in which many Vietnamese live, thousands of children either never attend school or drop out at an early age to earn a meager income to help support their families.



The socio-economic pressures faced by these children means not only are they unable to afford the small cost of schooling, but many must work long hours to assist their families.

Our education programme continues to grow and we currently have over 150 students enrolled at the Sunshine School, where they receive free education and medical monitoring.

In addition, the kindergartens and schools that are built in the provinces require materials and resources upon establishment to provide the attending children with as much stimulus and information as possible.

- School bags
- Pencil-cases
- Blue and purple pens
- Pencils - coloured and lead
- Pencil sharpeners
- Coloured felt pens/coloured pencils/crayons
- Chalk
- Highlighters
- Markers
- Rulers (50cm, triangle rulers and protractors)
- Erasers
- Compasses
- Scissors - child friendly
- Small notebooks
- Calculators
- Books in Vietnamese – reading, colouring
- Text books with pictures: science, geography etc
- DVD player
- Audio visual section in Library: educational videos/ DVDs
- Glue
- Rain coats and hats

LAPTOP LIBRARY

Many of the students we support at university and college do not have access to computers. We hope to establish a library of laptops that students can borrow in order to help them complete any assignments. By allowing students to borrow the laptops for a short period of time, we will be able to ensure that more students have access to the computers.

We are therefore currently seeking donations of clean laptops in good working order, not older than 5 years.



SPECIAL NEEDS



Many of the children the foundation supports have special needs. Donations of toys and educational materials for children with special educational needs are also greatly appreciated.

- Beanbags (small)
- Children's Music CDs/ Tapes
- Beanbag toys
- Clothes
- Touch and feel books
- Mobiles
- Hair Accessories
- Personal CD player
- Foot-spa
- Massage cushions
- Casual shoulder bags
- Cause and Effect toys
- Double seater push-chairs
- CD/DVD player (music CD's and DVD's)
- Parachute
- Sensory toys: things that light up, have different textures, temperatures etc

SPORTS PROGRAMME

The Sports Programme focuses on children from impoverished backgrounds and aims to offer sporting opportunities to children who otherwise would be unable to access them. It also provides opportunities to improve the children's self esteem and confidence by allowing them to experience challenges and success in a safe environment. It is an integral part of the foundation's programme in Vietnam.



We are delighted to receive new or second hand equipment that is in good working order. We also have some items that regularly require re-stocking:

- Soccer balls
- Sports socks
- Tennis rackets
- Tennis balls
- Tennis shoes (children and teenager sizes)
- Tennis shorts (ages 7 – 12)
- Tennis grips and racquet string
- Swimsuits (all sizes)
- Taekwondo suits (martial art sizes 3, 4)
- Baseball hats
- Backpacks

Healthcare Projects

Dermatology

- Steroid Ointments (hydrocortisone- betamethasone)
- Antibiotic Ointments- fusidic acid, silver sulphadiazine
- Povidone Iodine, Savlon
- Anti- Scabies treatment- Spregal (Spray)

The foundation provides a number of medical assistance and healthcare programmes in Vietnam. As such we welcome donations of medication and equipment.



Medical Supplies

- Intravenous Canulae & needles- all sizes especially paediatric 22G-24G, 25G butterfly needles
- Intravenous infusion sets

Antibiotics

- Augmentin (tablet)
- Cefixime (bag)
- Claforan (injection)
- Kanamycin (injection)
- Klacid (liquid)

Medical Equipment

- Mercury Sphygmomanometers
- Nebulizers for professional use
- Pulse oximeter
- Steam autoclave
- Autoclave
- Airborne disinfectant for surfaces (AEROSEPT)
- Incubators
- Ear thermometer

Nutritional Supplements

- Multivitamins liquid and tablets
- Calcium tablet
- Ferrous sulphate tablet
- Folic Acid- tablet
- Zinc (5mg)
- Vitamin D liquid (especially) and tablets
- Infant soya formula (for post diarrhea lactose intolerance)
- High Protein / carbohydrate formulas

Administration

The Foundation tries our best to keep administration costs to a minimum. However, office supplies are often expensive and for every administration item donated, we can use the funds saved to go directly toward helping the children.

- Digital camera
- A4 paper for printing and photocopying, A4 photo paper.
- Blank CD-RW's, new memory sticks
- Mailing labels, plastic wallets, paper card, photograph albums
- Computers
- Black and white or colour printers & ink
- Laptop computer for project visits
- Photocopiers

General Donations

We are very happy to receive monetary donations of any size. If delivered in person, donations can be given in cash however not by credit card and we will issue a receipt.

Alternatively, our bank details for a direct transfer in US Dollars are below:

Hong Kong and Shanghai Banking Corporation (HSBC)
The Metropolitan
235 Dong Khoi Street, District 1, Ho Chi Minh City, Vietnam
Account Name: Christina Noble Children's Foundation
Account Number: 001-018548-161
Registered Charity Number - AU034/UB-DA

THE CHRISTINA NOBLE CHILDREN'S FOUNDATION

38 Tu Xuong, District 3, Ho Chi Minh City, VIETNAM
Tel: +84 8 3932 6484 Fax: +84 8 3932 7276

Mailing Address: PO Box 386, Saigon Post Office Center,
Ho Chi Minh City, VIETNAM

Further Examples Of Donations Needed According To Age Group

Please find below further examples of the type of donations we need for children of various ages. Should you require additional information please contact your local Christina Noble Children's Foundation office.

AGE OF CHILDREN	TYPE OF TOYS NEEDED	
0-1 year	Rattles	Baby books (e.g. touch and feel)
	Teething Rings	Stimulation toys (e.g. mobiles)
	Baby clothes	Soft cuddly toys
1-4 years	Building blocks	Stimulation Toys (e.g. jigsaw puzzles)
	Clothes or swimwear	Fancy Dress Costumes
	Educational Toys	Bubbles
	Dolls	Water toys (e.g. rubber ducks)
	Play Dough	Picture Books
4-7 years	Jigsaw puzzles	Toy cars
	Dolls	Clothes or swimwear
	Stickers	Pocket Games
	Bubbles	Activity Books
	Hair Accessories	Action Toys/ Figures
	Construction toys (Lego)	
8-11 years	Skipping ropes	Activity Books
	Action Toys	Pocket Games
	Vietnamese Story Books	Clothes
	Hair Accessories	Balls
	Dolls/teddy bears	Stickers
12-14 years	Jewelry	Hair accessories
	Clothes	Football shirts
	Pocket Games Construction games Lego	Stationary Sets Watches Vietnamese Story Books Vietnamese Board Games
15-18 years	Art/ Craft Sets	Vietnamese Novels/Story Books
	Clothes	Hair Accessories
	Vietnamese Board Games	Personal Radios/Stereo for group
	Watches	Fancy Note Paper/Stationary Sets
	Wallet/Purse	Bags
	Jewelry	CDs/ Cassettes (Vietnamese Music)



"I believe in childhood"

Christina Noble